

Module Specification

Module Summary Information

1	Module Title	Coaching and Mentoring
2	Module Credits	20
3	Module Level	7
4	Module Code	EDU7362

5	Module Overview
<p>This module aims to support you to become an ethical and critically reflexive practitioner, able to operate effectively as a coach or mentor in a range of different educational settings.</p> <p>In this module you will be encouraged to think critically and increase your awareness of issues in adult learning and development that impact directly on coaching and mentoring practices. You will be encouraged to integrate your prior work and life experiences with the theoretical concepts underpinning coaching and mentoring discussed on the module. You will use relevant theories effectively to relate your understanding to the skills and approaches necessary to develop professionally as a coach or mentor in a variety of working contexts.</p>	

6	Indicative Content
<p>The module focuses on the three main areas of psychotherapy and counselling: psychodynamic, humanistic and cognitive behavioural, and their impact on coaching and mentoring relationships and functions.</p> <p>You will also explore the philosophy and theory of coaching and mentoring and their different techniques and models.</p> <p>Throughout the module the question of power, boundaries and ethical issues will be considered and respected.</p>	

7	Module Learning Outcomes
On successful completion of the module, students will be able to:	
1	Critically examine the nature, purpose, aims, tasks and functions of mentoring and coaching in educational contexts.
2	Compare and contrast the effectiveness of mentoring and coaching models as developmental, formative and educational processes.
3	Reflect on theoretical models of mentoring and coaching and their underlying philosophies and apply them to your own practice and the practice of others.
4	Examine the impact of power relationships on mentoring and coaching practice in particular contexts with regard to the ethics of professional practice.

8	Module Assessment		
Learning Outcome			
	Coursework	Exam	In-Person
1 – 4	x		

9	Breakdown Learning and Teaching Activities	
Learning Activities	Hours	
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	20	
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	80	
Private Study (PS) includes preparation for exams	100	
Total Study Hours:	200	