

## Module Specification

### Module Summary Information

<b>1</b>	<b>Module Title</b>	The Foundations of Dietetic Practice
<b>2</b>	<b>Module Credits</b>	20
<b>3</b>	<b>Module Level</b>	7
<b>4</b>	<b>Module Code</b>	HSC7005

<b>5</b>	<b>Module Overview</b>
<p>This is the first dietetic specific module in the programme and will begin by considering the application and interpretation of nutritional science for and within the general population through group exploration of the global concepts of healthy eating, nutritional requirements and dietary assessment. You will then be introduced to the UK Process for Nutrition and Dietetic Practice, which describes the fundamentals of dietetic intervention; with individuals, groups or populations; in clinical settings, public health or health promotion. This problem-solving model will support you in developing your consultation skills and clinical-reasoning, whilst considering the environmental factors that influence dietetic practice.</p> <p>To enhance and contextualise the learning experience, the psychological and sociological factors that influence food choice will be explored with service users and carers, along with discussion of the facilitators and barriers to self-empowerment and nutrition health maintenance. An interactive diversity workshop will encourage you to explore and challenge myths and preconceptions, whilst developing your awareness of the many international and cultural considerations of food and dietary choices. Other aspects such as genetics in healthcare will also be discussed and considered. Throughout this module, you will apply your knowledge of the dietetic intervention to case studies, adapting your skills of assessment to meet the identified need and enabling the contextualisation of the taught material.</p> <p>In this module you will engage with an assortment of blended learning opportunities, underpinned by the practice-led, knowledge applied philosophy of the programme. The pre-and post-session activities will enable you to further develop your knowledge of the topics covered in class, and might include reading relevant academic literature from both UK and international research groups, engaging in discussion on the module forums, searching for information on the internet, or critically reflecting on your own learning from the class session. Taken together, these learning opportunities will help you to understand the core principles of dietetic practice whilst appreciating and critiquing the importance of an individualised, tailored approach. This will be useful in approaching the case report for the module assessment, as well as beginning to develop the core set of transferable dietetic skills required for your professional practice.</p>	

<b>6</b>	<b>Indicative Content</b>
<ul style="list-style-type: none"> <li>• The dietary intake of populations</li> <li>• The dietetic care process</li> <li>• Nutritional Screening</li> <li>• Working with service users and carers</li> <li>• An introduction to core areas of dietetic practice</li> <li>• Public Health Nutrition</li> </ul>	

<b>7</b>		<b>Module Learning Outcomes</b> On successful completion of the module, students will be able to:
	<b>1</b>	Critically interpret the process for nutrition and dietetic practice in conducting a clinical dietetic assessment and intervention.
	<b>2</b>	Use clinical reasoning to appraise and defend the methods of assessment chosen to evaluate nutritional status.
	<b>3</b>	Synthesise all sources of information to articulate a reasoned nutrition and dietetic diagnosis and establish SMART outcomes.
	<b>4</b>	Critically reflect upon the potential barriers and challenges to dietary adherence and self-empowerment and the implications of this for your dietetic practice.

<b>8</b>		<b>Module Assessment</b>		
<b>Learning Outcome</b>		<b>Coursework</b>	<b>Exam</b>	<b>In-Person</b>
<b>1,3,4</b>		X Coursework(1): Case Scenario (2000 word written case report)		
<b>2</b>		X Coursework (1): Case Scenario (5 minute supporting presentation)		

<b>9</b>		<b>Breakdown Learning and Teaching Activities</b>	
<b>Learning Activities</b>		<b>Hours</b>	
<b>Scheduled Learning (SL)</b> includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable		49	
<b>Directed Learning (DL)</b> includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE		100	
<b>Private Study (PS)</b> includes preparation for exams		51	
<b>Total Study Hours:</b>		200	

