

Module Specification

Module Summary Information

1	Module Title	Prevention and Intervention in Dietetic Practice 1
2	Module Credits	20
3	Module Level	7
4	Module Code	HSC7008

5	Module Overview
<p>This is the first of two modules focusing on the strategies for health promotion and disease prevention, alongside the dietetic management of a range of conditions, with the aim of developing the required knowledge and skills to enable you to deliver evidence-based dietetic practice with adults and children at an individual, group and community level. This module will link the underpinning science of nutrition developed in the previous semester to the applied practice of dietetics, considering the professional aspects of care, alongside the theory and application of public health nutrition, and the theory behind the dietetic management of disease. This module will support you in preparing for your practice placements.</p> <p>Throughout the planning and delivery of this module we work in partnership with nutrition and dietetic colleagues who are experts in their field and will introduce you to the networks and specialist groups that are relevant to practice. Service users and carers, with real-world experience, work with us to contextualise the learning experience and ensure that the content is reflective of current healthcare needs. Application of your learning in case study workshops and practice consultations, will develop your ability to adapt a dietetic assessment and intervention plan to meet the identified need of the individual and their circumstances, as well as providing an opportunity for you to become familiar with the placement assessment tools. Through taught sessions and a formative group task, you will also gain an understanding of the process involved in undertaking a public health nutrition strategy. You will have the opportunity to undertake a needs assessment, design an intervention and outline the monitoring and evaluation that you would undertake to meet the needs of a group or community. This learning will support you in undertaking your practice placement health promotion project.</p> <p>In this module, you will engage with an assortment of blended learning opportunities, underpinned by the practice-led, knowledge applied philosophy of the programme. The pre-and post-session activities will enable you to further develop your knowledge of the topics covered in class, and might include reading academic literature on the topics from UK and international research groups, participating in quizzes to consolidate your learning, critically reflecting on your own learning from the class session, or taking part in group work for formative assessment learning activities. Taken together, these learning opportunities will help you to develop your understanding of evidence-based dietetic practice on a national and global scale, whilst reflecting upon the patient-centred approach and the importance of maintaining professional standards and healthcare values when responding to public health and clinical case scenarios.</p>	

6	Indicative Content
	<ul style="list-style-type: none"> • Case Study Work • Live consultation practise with actors • Dietetic assessment and management of a range of clinical conditions and nutritional states • Artificial Nutrition Support • Behaviour Change • Public Health Nutrition

7	Module Learning Outcomes On successful completion of the module, students will be able to:
	1 Demonstrate the use of effective communication and interpersonal skills in identifying key clinical, biochemical, nutrition and psychosocial information with individuals in a variety of settings and clinical scenarios.
	2 Justify the application and prioritisation of nutritional diagnoses to clinical in-patient and out-patient scenarios with the support of a comprehensive dietetic assessment.
	3 Apply theories from sociology, psychology and health promotion to the process of establishing an agreed aim and SMART goals focused on changing health behaviour in both in-patient and out-patient settings.
	4 Synthesize the information gathered and use critical thinking to justify the desired outcomes of a dietetic intervention in a clinical scenario.

8	Module Assessment		
Learning Outcome			
	Coursework	Exam	In-Person
1-4			X

9	Breakdown Learning and Teaching Activities	
Learning Activities	Hours	
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	50	
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	100	
Private Study (PS) includes preparation for exams	50	
Total Study Hours:	200	