

## Module Specification

### Module Summary Information

<b>1</b>	<b>Module Title</b>	Public Health from Health Protection to Community Development
<b>2</b>	<b>Module Credits</b>	20
<b>3</b>	<b>Module Level</b>	7
<b>4</b>	<b>Module Code</b>	LBR7455

<b>5</b>	<b>Module Overview</b>
<p>This is the second of the two 'applied Public Health' modules in the programme, delivered by specialist public health tutors. These modules draw from the various source disciplines (especially the social and physical sciences) and apply them to considering public health practice.</p> <p>This module will build on the knowledge and understanding from the Public Health Foundations module. The aim will be to explore three key themes, their application in practice and critically appraise their effectiveness. This aim will be to explore a Public Health journey through a range of approaches from protecting the public's health to working with and alongside communities. This can be viewed either historically, conceptually or as defined by the priorities in Public Health practice.</p> <p>Towards the end of the module we will focus on 2 topic areas that will be expanded upon to draw on local, national and international examples demonstrating the application of theory to practice. This year these areas will be food sustainability and aggression.</p> <p>This module will also incorporate attendance at the Faculties' Health Research conference.</p> <p>Students will engage in learning both from their own experience and from the literature. This will be applied to analysing the nature of public health practice in its various forms, including different paradigms, approaches and models.</p> <p>The module is worth 20 credits, which equates to 200 hours of expected student effort. Thirty-six of those hours are timetabled classroom time. Another 10 hours represent 'scheduled' learning (based on completing the self-assessment exercises in preparation for class). The remaining 154 hours of module effort are for guided independent learning. This will include engaging in the wider reading that is essential for success at postgraduate level, and preparing your module assignment.</p>	

<b>6</b>	<b>Indicative Content</b>
<p><b>1 Introduce module,</b></p> <p>Assignment outline</p>	
<p><b>2. Health Protection (I) non infectious diseases</b></p> <p>Scrutinise the place of Health protection within public health work.</p> <p>Analyse aspects of non-infectious hazard prevention &amp; management</p>	

### **3. Health Protection (II) Infectious diseases**

General context of infectious hazards.

Immunisation as an intervention.

### **4. Individual Change (1): Effectiveness**

Develop a critical approach to carrying out effective individual behaviour change interventions

Identify factors to consider to ensure effectiveness

Health psychology theory and application

### **5. Individual Change (2) Approaches:**

To develop a critical approach to victim blaming within the context of individual change.

To explore skills needed to deliver effective interventions

To explore the development of the Health Trainer Service

Applying individual change approaches to the mental health setting

**Formative Submission Theme 1 Health Protection**

### **6. Community Development (1)**

Examine the principles and strategies of Community Development.

Explore the application of the principles to the Amington Regeneration Project

### **7. Community Development (2)**

Explore and critique Asset Based Approaches

### **8. Topic (1) Aggression**

Examine types and examples of aggression

Consider them from a PH perspective

**Formative Submission Theme 2 Individual Change**

### **9. Topic (2) Food Sustainability**

Examine aspects of food sustainability

Consider them from a public health perspective

SPRING BREAK

### **10. Topic (3) Self Esteem and Mental Health**

Examine and critique aspects of mental health promotion

Consider them from a public health perspective

**Formative Submission Theme 3 Community Development**
**11. Evaluating Public Health**
**12. Tutorial support**

<b>7</b>	<b>Module Learning Outcomes</b>		
	<b>On successful completion of the module, students will be able to:</b>		
	<b>1</b>	Analyse examples of Health Protection practice with an emphasis on perceptions of health, people and data	
	<b>2</b>	Critically evaluate individual change approaches; consider their effectiveness especially in relation to ethics	
	<b>3</b>	Critically appraise the extent to which Public Health policy and practice support community development approaches	

<b>8</b>	<b>Module Assessment</b>		
<b>Learning Outcome</b>			
	<b>Coursework</b>	<b>Exam</b>	<b>In-Person</b>
<b>1 - 3</b>	<b>X</b>		

<b>9</b>	<b>Breakdown Learning and Teaching Activities</b>	
<b>Learning Activities</b>		<b>Hours</b>
<b>Scheduled Learning (SL)</b> includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable		36
<b>Directed Learning (DL)</b> includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE		10
<b>Private Study (PS)</b> includes preparation for exams		154
<b>Total Study Hours:</b>		200