

Module Specification

Module Summary Information

1	Module Title	Foundations of Health
2	Module Credits	20
3	Module Level	4
4	Module Code	EDU4145

5	Module Overview
<p>Module Overview</p> <p>In line with the philosophy and aims of the programme this module will explore the ways in which child health and wellbeing can be promoted across all agencies. You will be provided with the knowledge and skills to understand a range of contributory factors that influence children and young people's health and wellbeing and the ways these may impact on their lives.</p> <p>You will attend face to face sessions which will use a combination of lectures, group work and discussion. Throughout the module you will discover and use appropriate frameworks, guidelines and evidence to support your learning. You will be encouraged to discuss and analyse key health issues such as physical, cultural, environmental and socio-economic factors which may influence and/or compromise the health of a child or young person.</p> <p>The module is divided into different topics with associated learning resources. Activities on the University's online platform, Moodle, will help you to identify, further explore and provide evidence in relation to the health of children and young people in the community setting. There will also be specific pre- and/or post-session activities for you to complete and this will help you in your own self-directed learning. You will be expected to come prepared for the sessions and consolidate learning on the topics introduced in the sessions. This will mean that you will need to undertake academic work in your own time. Throughout the module there will be a number of opportunities for formative feedback. This will help you gain an understanding of how well you are progressing with your learning. These opportunities include Moodle activities, group presentations and tutorials and will be provided to discuss topics in more detail with small groups or individuals.</p>	

6	Indicative Content
<ul style="list-style-type: none"> • Health Policy • Child and Adolescent Mental Health • Health Promotion and Education • Sexual Health, Teenage pregnancy and drug and alcohol abuse • Management of Children and Young People with Health Issues • Factors affecting Health • Health Initiatives • Children's Nutrition 	

7	Module Learning Outcomes	
	On successful completion of the module, students will be able to:	
	1	Demonstrate an understanding of the ways in which culture, the environment and socio-economic factors may influence or compromise the health of a child or young person.
	2	Recognise the impact that health factors can have on children, young people and their families.
	3	Explore the role of professionals and the strategies that can be implemented to prevent, as well as manage health factors with consideration to communication and working in partnership.
	4	Summarise for a target audience appropriate aspects of health education or health promotion.

8	Module Assessment		
Learning Outcome			
	Coursework	Exam	In-Person
1, 2, 3, 4	X		

9	Breakdown Learning and Teaching Activities	
Learning Activities		Hours
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable		48
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE		112
Private Study (PS) includes preparation for exams		40
Total Study Hours:		200