

Module Specification

Module Summary Information

1	Module Title	The Healthy Child
2	Module Credits	20
3	Module Level	5
4	Module Code	EDU5143

5	Module Overview
<p>This Level 5 module will support you to become knowledgeable and reflective practitioners on issues around children's health at both national and international level. It includes principles and practices of effective health promotion for children 0-7 years of age in line with national and international research and development on the factors that contribute to the health and well-being of children. The Healthy Child will be explored within a holistic framework to include the impact of families, immunisation, attachment, poverty and growth and nutrition. You will learn how to recognise and understand the contributing factors to healthy child development. You will learn the importance of resilience in the development of good mental health.</p> <p>The module sets out opportunities for you to be questioning and curious about the following:</p> <ul style="list-style-type: none"> • What is the impact of having a good attachment to a care giver? • What impact does brain development have on personal, social and emotional development? • Why is the idea of resilience seen as key in a child's ability to achieve? • Do social and political factors impact on a healthy child development? <p>There will be opportunities to work with professionals and students from the School of Nursing and Midwifery and the School of Health Sciences. Local partners from the community will be involved in delivery and professional discussions.</p>	

6	Indicative Content
<ul style="list-style-type: none"> • Principles and practices of effective health promotion for children 0-7 years of age • National and international research and development on the factors that contribute to the health and well-being of children • The impact of families, immunisation, attachment, poverty and growth and nutrition • The importance of resilience in the development of good mental health • The impact of having a good attachment to a care giver • The impact of brain development have on personal, social and emotional development 	

7	Module Learning Outcomes
On successful completion of the module, students will be able to:	
	1 Explore the concept of a healthy child in national and international contexts.
	2 Evaluate the impact of growth and nutrition in healthy child development.
	3 Describe and analyse what constitutes good mental health.

	4	Make sound judgements regarding appropriate health promotion approaches as part of supporting healthy child development.
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8	Module Assessment		
Learning Outcome			
	Coursework	Exam	In-Person
1-4	X		

9	Breakdown Learning and Teaching Activities	
Learning Activities	Hours	
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	48	
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	48	
Private Study (PS) includes preparation for exams	104	
Total Study Hours:	200	