

Module Specification

Module Summary Information

1	Module Title	Supporting Normal Birth
2	Module Credits	20
3	Module Level	4
4	Module Code	HSC4079

5	Module Overview
<p>Successful completion of this level 4 module will support your development as a Maternity Support Worker enabling you to assist the midwife and mother, in promoting and facilitating normal birth in a low risk setting, under the direction and supervision of the midwife.</p> <p>Rationale:</p> <p>This module provides the underpinning principles for care delivery during the pregnancy and childbirth journey, and enables you to appreciate your role in accomplishing a safe and positive birth experience and support the integration of the baby into the family. During the module you will be encouraged to develop a deep understanding of normal birth and how you can, achieve professional and personal growth as a Maternity Support Worker.</p> <p>Alignment with Philosophy and Aims</p> <p>The Foundation Degree Health and Social Care programme is committed to developing workers who will be compassionate, caring, knowledgeable and productive members of inter-professional teams, with the ability to be adaptable and flexible in order to respond to the ever changing needs and priorities of the services we support.</p> <p>During this Module you will develop the role related knowledge and skills required to support your individual working roles and therefore benefit your service users. You will develop into an individual that can influence the quality of care delivered and disseminate good practice within your organisation.</p> <p>Learning and Teaching Strategy</p> <p>The teaching and learning approaches are designed to maximise the benefits of sharing knowledge and expertise in the classroom. Lecturers will facilitate the integration of theory and practice throughout the module. You will also be encouraged to use information technologies as potential sources of knowledge and learning.</p> <p>This will be achieved through a blended learning method comprising of Face to Face teaching (seminars), tutorials and e-learning through the Moodle platform.</p> <p>To support your learning access to a good internet service is important and a high level of attendance and engagement will be required for you to be able to fully participate in the face to face sessions. Tutorials will be provided to discuss topics in more detail with small groups or individuals.</p> <p>Assessment Strategy</p>	

This module comprises of 1 summative assessment, a 3000 word written response.

You are required to pass this assessment in order to pass the module.

6	Indicative Content
	<ul style="list-style-type: none"> • Anatomy and physiology of the first, second and third stage of labour • Principles of normality in childbearing • Antenatal preparation for birth • Principles of homebirth/water birth • Understanding pain • The role of birth hormones/psychological responses to birth • Environmental factors in labour and birth • Supporting families/birth partners • Infant feeding, bonding and attachment in the immediate postnatal period.

7	Module Learning Outcomes	
	On successful completion of the module, students will be able to:	
	1	Identify the importance of high quality care and support during antenatal preparation for birth
	2	Explain the key concepts and principles of the labour and birth process
	3	Discuss how you, in your role as an Maternity Support Worker, can support women during the antenatal, intrapartum and immediate postnatal period
	4	Demonstrate safe understanding of appropriate escalation/referral to the midwife.

8	Module Assessment		
Learning Outcome			
	Coursework	Exam	In-Person
1,2,3,4	x		

9	Breakdown Learning and Teaching Activities	
Learning Activities	Hours	
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	36	
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	152	
Private Study (PS) includes preparation for exams	12	
Total Study Hours:	200	