

Module Specification

Module Summary Information

1	Module Title	Working with People Experiencing Mental Health Problems
2	Module Credits	20
3	Module Level	4
4	Module Code	HSC4081

5	Module Overview
<p>This module has been planned to examine the diversity of different service user groups, and to focus on how you can develop your skills to work more effectively with people who are experiencing mental illness. Understanding the experiences that people who use services have to deal with on a daily basis is crucial to being able to form therapeutic relationships and this in turn will enable more effective care to be offered. The topics included in the module will help to expand your knowledge of mental health and will address circumstances where people have particularly complex needs. These include people who experience mental and physical ill-health, mental illness and substance misuse, adolescent mental health and self-harm and an opportunity to focus on the experience of psychosis with some experiential learning.</p> <p>There will be opportunities for you to discuss issues within the classroom, and the taught sessions will be supported by resources available on the moodle page.</p> <p>Rationale:</p> <p>This module will build on and develop knowledge and skills that were incorporated in the module Clinical Skills in Mental Health Care. It will focus on specific issues that either present extra challenges for health care professionals or complex issues that need further attention. When you have completed the module Clinical Skills in Mental Health Care you will have already demonstrated clinical competence in fundamental mental health care, and have developed an understanding of broad issues contained within mental health care such as:</p> <ul style="list-style-type: none"> • mental health, mental illness and mental health promotion, • assessment, including risk assessment, • monitoring physical health, • self-awareness and essential communication skills, • values-based and person-centred care, • legal and ethical issues, <p>By attending to the requirements for individuals who have complex needs or who require extra care, you will be able to develop further your knowledge and skills so that you can practice effectively and more flexibly within the multidisciplinary care team. You will be able to adapt to a broader range of health care settings.</p> <p>Alignment with Programme Philosophy and Aims</p> <p>The Foundation Degree Health and Social Care programme is committed to developing workers who will be compassionate, caring, knowledgeable and productive members of inter-professional teams,</p>	

with the ability to be adaptable and flexible in order to respond to the ever changing needs and priorities of the services we support.

Whilst studying this module, you can expect to work with and learn from students from other healthcare disciplines so that you can play an active and capable role in multidisciplinary teams. There is also a strong emphasis on self-directed learning with the use of learning resources available on the module Moodle page. These will encourage you to become more autonomous learners, and thus enable you to develop greater skills in self-management and organisation. The self-directed learning tasks will enhance the learning that takes place during classroom contact.

Learning, teaching and assessment strategy

The module will utilise a range of learning and teaching strategies. These include taught classroom sessions, group discussion, tutorials, role play, and on-line learning materials. Therefore, you will be guided in your learning during classroom contact and can supplement this with other material that allows you to work at your own pace at the most convenient time for you.

It is expected that you will carry out preparatory tasks prior to each classroom session and then build on this by completing follow-on learning activities. This will enable you to apply what you have learned to your own workplace and your practice.

6	Indicative Content
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	Module Launch Mental health of children Mental health in adolescence Mental health of older people 1 Mental health of older people Dual diagnosis: mental health and learning disability Nature vs nurture seminar Dual diagnosis: mental health and substance misuse Social inclusion Gender issues in mental health Lifestyle and health choices presentations Changing Health Behaviour Assignment tutorials Module evaluation
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7	Module Learning Outcomes
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On successful completion of the module, students will be able to:	
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| 1 | Examine biopsychosocial risk factors that influence mental health across the lifespan. |
| 2 | Discuss effects of developmental, lifestyle and social factors on the mental health of an individual. |
| 3 | Construct useful strategies to help a service user adopt a healthier lifestyle. |

8 Module Assessment				
Learning Outcome		Coursework	Exam	In-Person
1 – 3		X		

9 Breakdown Learning and Teaching Activities	
Learning Activities	Hours
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	36
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	152
Private Study (PS) includes preparation for exams	12
Total Study Hours:	200