

Module Specification

Module Summary Information

1	Module Title	Autism and Wellbeing
2	Module Credits	20
3	Module Level	4
4	Module Code	HSC4082

5 Module Overview

Rationale

This module has been designed to help you develop skills to meet the needs of people with learning disabilities, especially those diagnosed as being within the autistic spectrum. Autism is a spectrum of conditions characterised by social, communicative, sensory-motor and cognitive difficulties. The social and psychological consequences can be profound.

It aims to enable you to develop an understanding of the main features of Autism and its impact on the lives of people who have this condition. The thread of this module is that practitioners (you) understand the impact of your own responses and behaviours on the individual with autism and their wellbeing.

This module encourages you to develop a deep understanding of autism through reflection on your practice, professional and personal growth. The teaching and learning approaches are designed to maximise the benefits of sharing knowledge and expertise in the classroom. Lecturers will facilitate the integration of theory and practice throughout the module. You will also be encouraged to use information technologies as potential sources of knowledge and learning. This module is designed to support you in your role working with individuals who are on the autism spectrum and to give you the knowledge to support you in helping them have a 'good day'.

Alignment with Philosophy and Aims

The Foundation Degree Health and Social Care programme is committed to developing workers who will be compassionate, caring, knowledgeable and productive members of inter-professional teams, with the ability to be adaptable and flexible in order to respond to the ever changing needs and priorities of the services we support.

During this module you will develop the role related knowledge and skills required to support your individual working roles and therefore benefit your service users. You will develop into an individual that can influence the quality of care delivered and disseminate good practice within your organisation.

Learning and Teaching Strategy

This module is a full time work based learning module. The module will be delivered using a blended learning approach as well as providing the opportunity for independent study.

Tutorials will be provided to discuss topics in more detail with small groups or individuals.

Assessment Strategy



This module comprises of one summative assessment and continuous formative assessment in the workplace.

6 **Indicative Content**

This section covers indicative subject matter only.

The core features of autism and its impact on individuals; - different aspects of typical and atypical development; diagnostic criteria, the need for effective communication; the need for positive social relationships.

The sensory and perceptual differences for people with autism:- the impact of a different sensory experience; sensory profiles; the importance of predictability

Current thinking in autism:-

7	M	Module Learning Outcomes		
	On successful completion of the module, students will be able to:			
	1	Explain the core features of autism and its impact on an individual.		
	2 Identify the sensory and perceptual differences for people with autism.			
	3 Explore the importance of 'predictability' and its impact on an individual.			
	4 Explain the link between autism and stress.			

8	Module Asse	ssessment			
Learning					
Outcome					
		Coursework	Exam	In-Person	
1,2,3,4				Presentation	

9 Breakdown Learning and	Breakdown Learning and Teaching Activities		
Learning Activities	Hours		
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	36		
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	152		
Private Study (PS) includes preparation for exams	12		
Total Study Hours:	200		