

Module Specification

Module Summary Information

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| 1 | Module Title | Clinical Skills in Mental Health |
| 2 | Module Credits | 40 |
| 3 | Module Level | 4 |
| 4 | Module Code | HSC4084 |

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| 5 | Module Overview |
| <p>Rationale</p> <p>This module seeks to develop an understanding of mental health, mental illness and the links between these and physical and social health in order that you can function effectively as part of a multidisciplinary care team. It encompasses clinical and academic components with an emphasis on skills development to enable you to deliver holistic care that promotes value-based and evidence-based care. The module includes exploration of mental health and mental illness, principles of assessment, physical assessment, assessment of mental state, values-based care, person-centred care and legal and ethical issues. You are encouraged to develop a greater level of self-awareness through discussions in class and self-directed study. The module has been developed with the assistance of service user representatives who deliver at least one session on the module.</p> <p>Alignment with Philosophy and Aims</p> <p>The Foundation Degree Health and Social Care programme is committed to developing workers who will be compassionate, caring, knowledgeable and productive members of inter-professional teams, with the ability to be adaptable and flexible in order to respond to the ever changing needs and priorities of the services we support. This module will assist you to acquire knowledge and skills that are linked to the role of the mental health support worker. Thus you will be equipped to function effectively, for the benefit of mental health service users, and with the necessary knowledge and skills to exemplify good practice within your organisations.</p> <p>Learning and Teaching Strategy</p> <p>A variety of teaching and learning styles will be employed including core teaching sessions, group activities, the use of Moodle to provide learning resources and both pre and post session learning, and tutorials. You are also encouraged to complete a workbook in which different activities and reading resources are set out. These methods will be employed alongside work based learning to enable acquired knowledge to be applied to your clinical practice. To complete this module it is essential that you are working in an area where psychological/mental health care is regularly carried out, although that may not necessarily be an actual mental health unit. It is important therefore that you have the support of Clinical Learning Facilitators who are able to promote mental health care. This module comprises of two items of summative assessment and continuous formative assessment in the workplace.</p> | |

1. A 'Practice Based Assessment' containing a clinical assessment handbook and a record of clinical experience. You will be judged as being competent or not competent at the completion of the assessment period. This is a pass/fail assessment. This assessment covers learning outcomes 1 and 2
2. A 3000 word written assignment. This assessment covers learning outcomes 3 and 4.

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| 6 | Indicative Content |
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Module Launch
 Models of Mental Health 1
 Models of Mental Health 2
 Understanding mental illness 1
 Understanding mental illness 2
 Self-care
 Study time
 Journal Club
 Service User's Perspectives
 Therapeutic Relationships:
 Communication 1
 Communication 2
 Communication 3
 Study
 Journal Club
 Factors affecting health 1
 Skills 1
 Skills 2
 Skills 3
 Factors affecting health 2:
 Skills 4
 Skills 5
 Tutorial/Assessment preparation week
 Evaluation of module

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| 7 | Module Learning Outcomes |
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| | On successful completion of the module, students will be able to: | |
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| 1 | Discuss a range of mental illnesses that may affect an individual together with the impact that a mental illness may have on the person. |
| 2 | Discuss the importance of holistic care that is value based and person centred. |
| 3 | Illustrate areas where their use of therapeutic communication strategies can be developed. |
| 4 | Demonstrate and apply key knowledge and skills related to your area of practice. |

| 8 Module Assessment | | | |
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| Learning Outcome | | | |
| | Coursework | Exam | In-Person |
| 1, 2 | | | x |
| 3, 4 | x | | |

| 9 Breakdown Learning and Teaching Activities | |
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| Learning Activities | Hours |
| Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable | 69 |
| Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE | 319 |
| Private Study (PS) includes preparation for exams | 12 |
| Total Study Hours: | 400 |