

Module Specification

Module Summary Information

1	Module Title	Infant Feeding
2	Module Credits	20
3	Module Level	4
4	Module Code	HSC4086

5	Module Overview
<p>Successful completion of this level 4 module will support in your role in promoting, supporting and facilitating optimal infant feeding. You will be encouraged to deepen your knowledge of infant feeding matters, and consolidate existing skills in order to further develop as a Maternity Support Worker, complementing the care provided by midwives.</p> <p>Rationale: This module seeks to facilitate your development by extending your knowledge and skills as a maternity support worker, to educate women and families regarding the public health and individual benefits of breastfeeding, whilst also supporting informed choice. Following completion of this module it is expected that you will have sufficient knowledge to actively support women with their chosen method of infant feeding.</p> <p>Alignment with Philosophy and Aims The Foundation Degree Health and Social Care programme is committed to developing workers who will be compassionate, caring, knowledgeable and productive members of inter-professional teams, with the ability to be adaptable and flexible in order to respond to the ever changing needs and priorities of the services we support. During this Module you will develop the role related knowledge and skills required to support your individual working roles and therefore benefit your service users. You will develop into an individual that can provide evidence based information to service users related to infant feeding choices.</p> <p>Learning and Teaching Strategy The teaching and learning approaches are designed to maximise the benefits of sharing knowledge and expertise in the classroom. Lecturers will facilitate the integration of theory and practice throughout the module. You will also be encouraged to use information technologies as potential sources of knowledge and learning.</p> <p>This will be achieved through a blended learning method comprising of Face to Face teaching (seminars), tutorials and e-learning through the Moodle platform.</p> <p>To support your learning access to a good internet service is important and a degree of pre-reading will be required for you to be able to fully participate in the face to face sessions. Tutorials will be provided to discuss topics in more detail with small groups or individuals.</p> <p>The UNICEF Baby Friendly standards in universities (bfi@unicef.org.uk) and other resources will be used throughout to allow the continued clinical partnership working to improve breastfeeding rates.</p> <p>Assessment Strategy This module comprises of 1 summative assessment, a VIVA (10 minutes)</p> <p>You are required to pass this assessment in order to pass the module.</p>	

6	Indicative Content
	<ul style="list-style-type: none"> • Principles of Baby Friendly Initiative standards and application to practice • Early feeding practicalities • Evidence Based Practice - Skin-to-skin, bonding and attachment • Principles of breastfeeding: positioning and attachment, effective milk transfer, hand expressing and safe storage of breastmilk • Principles of safe formula feeding, sterilisation, preparation and formula composition • Recognising, supporting and addressing infant feeding challenges: Including complex needs/babies at risk • Anatomy and Physiology, breastmilk production and composition • Public health and benefits of breastfeeding • Factors affecting feeding choices

7		Module Learning Outcomes
On successful completion of the module, students will be able to:		
	1	Describe the underpinning public health drivers and health promotion approaches that may be utilised to promote breastfeeding
	2	Identify opportunities to actively support women and families, to optimise infant feeding, bonding and attachment.
	3	Apply the UNICEF BFI standards to the care that you provide
	4	Discuss when and why referral to the midwife, infant feeding specialists or health visitor may be required.

8				Module Assessment
Learning Outcome				
		Coursework	Exam	In-Person
1,2,3,4				X

9		Breakdown Learning and Teaching Activities
Learning Activities	Hours	
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	36	
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	152	
Private Study (PS) includes preparation for exams	12	
Total Study Hours:	200	