

## Module Specification

### Module Summary Information

<b>1</b>	<b>Module Title</b>	Health Promotion
<b>2</b>	<b>Module Credits</b>	20
<b>3</b>	<b>Module Level</b>	4
<b>4</b>	<b>Module Code</b>	HSC4088

<b>5</b>	<b>Module Overview</b>
<p><b>Rationale</b></p> <p>The aim of this module is to assist you gain understanding of different models of health promotion and their application to care practice in health and social care. It will enable you to gain understanding of the nature of contemporary health issues and the perception of health and ill health. You will explore how government initiatives are designed and assess the impact on the health and wellbeing of your service users within your workplace.</p> <p>The teaching and learning approaches are designed to maximise the benefits of sharing knowledge and expertise in the classroom. Lecturers will facilitate the integration of theory and practice throughout the module. You will also be encouraged to use information technologies as potential sources of knowledge and learning. This will be achieved through a blended learning method comprising of Face to Face teaching, group work, presentations, tutorials and e-learning through the Moodle VLE platform.</p> <p>As work-based learning remains the very essence of the programme, you will have the opportunity to combine your previous experience with your newly acquired knowledge and apply this immediately into your practice. Collaboration between the University and work-based partners is fundamental to the programme.</p> <p><b>Alignment with Philosophy and Aims</b></p> <p>The Foundation Degree Health and Social Care programme is committed to developing workers who will be compassionate, caring, knowledgeable and productive members of inter-professional teams, with the ability to be adaptable and flexible in order to respond to the ever changing needs and priorities of the services we support.</p> <p>During this module you will develop the role related knowledge and skills required to support your individual working roles and therefore benefit your service users. You will develop into an individual that can influence the quality of care delivered and disseminate good practice within your organisation.</p> <p><b>Learning and Teaching Strategy</b></p> <p>This module is a full time work-based learning module. The module will be delivered using a blended learning approach as well as providing the opportunity for independent study.</p>	

Tutorials will be provided to discuss topics in more detail with small groups or individuals.

### **Assessment Strategy**

This module comprises of one summative assessment and continuous formative assessment in the workplace.

You are required to pass both elements of assessment in order to pass the module.

<b>6</b>	<b>Indicative Content</b>
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This section covers indicative subject matter only.

- Definitions of health, wellbeing and health promotion
- Health promotion models
- Incidence of lifestyle related diseases
- National strategy/guidance
- Health inequalities
- Behaviour change theory
- Strategies to support lifestyle change
- Role of the support worker in health promotion

<b>7</b>	<b>Module Learning Outcomes</b>	
	<b>On successful completion of the module, students will be able to:</b>	
	<b>1</b>	Interpret the role of health promotion in reducing the incidence of lifestyle related diseases.
	<b>2</b>	Use examples of existing health promotion in relation to one health issue of your choice.
	<b>3</b>	Apply one health promotion strategy that can be used to support behaviour change.

<b>8</b>	<b>Module Assessment</b>		
<b>Learning Outcome</b>			
	<b>Coursework</b>	<b>Exam</b>	<b>In-Person</b>
<b>1,2,3</b>			<b>x</b>

<b>9</b>	<b>Breakdown Learning and Teaching Activities</b>	
<b>Learning Activities</b>	<b>Hours</b>	
<b>Scheduled Learning (SL)</b> includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	36	
<b>Directed Learning (DL)</b> includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	152	
<b>Private Study (PS)</b> includes preparation for exams	12	
<b>Total Study Hours:</b>	200	