

## Module Specification

### Module Summary Information

<b>1</b>	<b>Module Title</b>	Health Promotion and Maternity Care
<b>2</b>	<b>Module Credits</b>	20
<b>3</b>	<b>Module Level</b>	5
<b>4</b>	<b>Module Code</b>	HSC5082

<b>5</b>	<b>Module Overview</b>
<p>Successful completion of this level 5 module will support your development as a Maternity Support Worker aiming to facilitate, by extending your knowledge and skills within the sphere of the maternity support worker role in promoting health by assisting women and their families to make optimal health and lifestyle choices.</p> <p><b>Rationale</b></p> <p>This module provides you with the information which will help to ensure that health promotion activities are imbedded in every engagement opportunity with women and their families within a variety of situations taking forward the CNO's vision and the 6 C's (Cummings 2012) and Making every contact count (Department for Communities and Local Government 2012). During the module you will be encouraged to develop a deeper understanding of health promotion for women and families, including support for vulnerable groups in society and your role as a maternity support worker.</p> <p><b>Alignment with Philosophy and Aims</b></p> <p>The Foundation Degree Health and Social Care programme is committed to developing workers who will be compassionate, caring, knowledgeable and productive members of inter-professional teams, with the ability to be adaptable and flexible in order to respond to the ever changing needs and priorities of the services we support. During this Module you will develop the role related knowledge and skills required to support your individual working roles and therefore benefit your service users by improving health promotion activities. You will develop into an individual that can influence the quality of care delivered and disseminate good practice within your organisation.</p> <p><b>Learning and Teaching Strategy</b></p> <p>The delivery methods will include lectures, group activities and tutorial guidance and support for the module assessments. The module will be delivered using a blended learning approach as well as including the opportunity for preparation for assessment. Moodle will also be utilised to support online learning through activities and discussions that will link directly into the classroom sessions. Tutorials will be provided to discuss topics in more detail with small groups or individuals.</p> <p><b>Assessment Strategy</b></p> <p>This module comprises of 1 summative assessment, a 3000 word essay. You are required to pass this assessment in order to pass the module.</p>	

6	Indicative Content
Making Every Contact Count/Public Health needs Models of Health Promotion Health/parent education Challenges/engagement/Media influences in Health Promotion Vulnerable Groups and specialist roles. Planning for birth and beyond Evaluating effectiveness and outcomes	

7		Module Learning Outcomes
		On successful completion of the module, students will be able to:
	1	Appraise the effectiveness of health promotion approaches used to address public health needs.
	2	Examine how opportunities to actively engage with women and their families to promote health and wellbeing can be optimised.
	3	Reflect on feedback and how they can be used to improve the uptake of positive health choices.
	4	Analyse when referral to the midwife is necessary.

8				Module Assessment
Learning Outcome		Coursework	Exam	In-Person
1 – 4		X		

9		Breakdown Learning and Teaching Activities
Learning Activities	Hours	
<b>Scheduled Learning (SL)</b> includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	Year 1 = 12 taught sessions x3 hours = 36	
<b>Directed Learning (DL)</b> includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	Single module year 1 = 152 hrs	
<b>Private Study (PS)</b> includes preparation for exams	Tutorial/ Assessment preparation weeks = 4 sessions x 3hrs = 12 hrs	
<b>Total Study Hours:</b>	200	