

# **Module Specification**

### **Module Summary Information**

1	Module Title Advanced Clinical Skills in Mental Health Care	
2	Module Credits	40
3	Module Level	5
4	Module Code	HSC5086

### 5 Module Overview

Mental health care involves working with service users from diverse backgrounds with very varied needs. So, it is an area where your knowledge and skills will be tested and challenged. Completing this module will help you to meet those needs, provide evidence based and value based care that will enable you to function effectively as an Assistant Practitioner in a multidisciplinary care setting.

#### Rationale for the module:

This module builds on the learning and experiences gained in the Clinical Skills in Mental Health Care module. The knowledge and skills that have already been covered are:

- understanding mental illness,
- self-awareness and self-care,
- service user perspectives,
- therapeutic relationships,
- · communication skills.
- · assessment and monitoring of physical health,
- · factors affecting states of health,
- medication management,

It is important to acknowledge you have experience of working within a range of mental health care settings, the module seeks to utilise this experience to enable you to apply theory to practice.

### Alignment with Programme Philosophy and Aims:

The programme aims to develop your collaborative skills. Therefore, whilst studying this module, you will work with and learn from peers, and to share examples of their own clinical practice.

The module has been designed to enable you to become self-directed learners who are capable of competent and autonomous practice as stated in the programme philosophy. This module, along with others in the programme, will provide you with some of the skills necessary to achieve this, and you will be required to manage your own online learning tasks and apply what you have learned to your own professional development.

#### **Learning and Teaching Strategy:**

The module has been designed to use a variety of teaching and learning activities to enhance the student experience. The learning outcomes, teaching methods and summative assessments are aligned to encourage deeper learning to occur, and to promote your development towards the use of critical thinking and critical analysis skills. You will be encouraged to take full advantage of the learning resources on the module Moodle site, and these will be incorporated into classroom contact time in the form of group discussions, quizzes, taught sessions, debates. There will also be use of video clips to illustrate learning points.



Each week you will be guided towards pre and post session activities which will help you to apply the knowledge and skills gained in the module to your clinical practice. Again, there are a variety of activities that you are expected to complete to foster a sense of autonomy and independence, thus encouraging you to become life-long learners.

This module comprises of two items of summative assessment and continuous formative assessment in the workplace.

- 1. Practice Based Assessment
- 2. A 3000 word written assignment.

## 6 Indicative Content

Professional Values and the Francis Report

Working with Families

Ethical issues

Legal issues 1

DOLS and Safeguarding.

Legal Issues: Fusion Law

Evidence Based Practice

Recovery models

Cognitive Behavioural Interventions.

Principles of the Solution Focused Approach

Motivational Interviewing

7	M	Module Learning Outcomes			
	On successful completion of the module, students will be able to:				
	1	Critically appraise the values that underpin mental health care.			
	2	Evaluate the similarities and differences between recovery, cognitive behavioural, and solution focused approaches.			
	3	Examine the role of a health care support worker as regards ethical and legal issues.			
	4	Demonstrate and apply knowledge of advancing clinical skills relevant to your role.			

8	Module Asse	essment				
Learning Outcome						
Outcome						
		Coursework	Exam	In-Person		
1 – 3		X				
4				X		



Breakdown Learning and Teaching Activities				
Learning Activities	Hours			
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	60			
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	328			
Private Study (PS) includes preparation for exams	12			
Total Study Hours:	400			