Module Specification

Module Summary Information

1	**Module Title**	Childhood and Mental Health
2	**Module Credits**	20
3	**Module Level**	6
4	**Module Code**	LBR6532

5	**Module Overview**

Welcome to the 'Childhood and Mental Health' module. This is the first of three modules you can choose to study at level six focusing on the holistic health and wellbeing of the neonate/ child/ adolescent and young adult within the context of the family and society. This module aims to provide you with a flexible, supportive, and theory-practice led framework of learning which intends to foster and develop your awareness and critical analysis of a range of perinatal, child development and attachment theories, risk and resilience factors influencing the physical, emotional, social, cultural and sexual health of the child.

Social, educational, political and statutory agencies have recognised and sought to ensure integrated statutory and non-statutory services identify and address the complex needs of vulnerable and abused children. Perinatal mental health issues can have a profound impact on the health and developmental needs of the child. The 'Future in Minds' Department of Health (DH 2015) document recognises that despite service developments in child and adolescent mental health in recent decades, children and young people's mental health has failed to receive adequate priority and funding. Critically analysing and reflecting on multidisciplinary service developments, safeguarding policies, assessment, and interventions offered to children and families will enhance your appreciation of local, national, and international perspectives of perinatal mental health and developmental issues impacting on childhood and mental health.

This module aligns with the Professional Practice Programme philosophy and is designed to be flexible and practice-led. You will have the opportunity to develop skills of enquiry, reflection and problem solving. A blended learning approach is taken (incorporating both classroom and online activities via Moodle) in line with the university's learning and teaching strategy. You will be encouraged to think critically and share practice experiences with your fellow students, as well as engaging in both directed and self-directed learning activities. You will be an active partner in your own learning and development and in return you will receive regular feedback and feedforward aimed at developing your academic skills, and have the opportunity to discuss your progress with the module team.

This module is aimed at nursing and other allied health care professionals and clinicians currently practicing in child, adolescent, and young adult mental health settings.

6	Indicative Content

MODULE LAUNCH:

- Overview of module philosophy and aims.
- Introduction to TL & A strategies and online resources.
- Introduction to Moodle, Library, Personal Development Department, Personal Tutor role.
- Negotiate group expectations & student support systems.

Historical and contemporary health care services and structure. A focus on the role and provision of comprehensive multidisciplinary perinatal health care resources.

A consideration of perinatal mental health and the influence risk and resilience factors can have on the mother and child development:

This session will examine:

Antenatal risk and protective factors including:

- Socio-economic factors (e.g: family, nutrition, housing, domestic violence) effecting planned/ unplanned pregnancy.
- Cultural considerations.
- Existing history of mental health/ substance misuse and the impact this can have on the mother and developing foetus/ neonate/ early childhood.
- The role of services – support – assessment – intervention.
- The incidence and nature of puerperal psychosis.
- Risk assessment and management.

Substance misuse in pregnancy and the impact on foetal/ neonatal and early year's development.

Theories of development, personality, attachment and the holistic health and wellbeing of the child.

Engage in small group action learning sets in the classroom to reflect on theories of development and attachment to facilitate improved theory-practice links.

Neuro-developmental disorders in childhood (attachment disorders, ADHD, ASD, Conduct disorder, school refusal, anxiety, phobias, and childhood depression, referral pathways & multi-agency care.

The role education, early identification of children presenting emotional & mental health difficulties in school

The role of the Special Education Needs Coordinator.

The role of the School Nurse.

Risk & Resilience Factors influencing childhood emotional wellbeing & mental health.

Completing childhood genograms

Principles of assessment and intervention based frameworks in childhood mental health:

Child-centred care principles, family-based assessments & interventions, bio-psychosocial systems theories, play therapy, solution focused talking therapies.

e.g Childhood behavioural problems, depression, anxiety, self-harm behaviours

Neuro-developmental disorders in childhood (attachment disorders, ADHD, ASD, Conduct disorder, school refusal, emotional dysregulation, anxiety, phobias, and childhood depression, referral pathways & multi-agency care. Concepts/ principles. Assessment Intervention Multi-systemic approaches to care & intervention. Complex presentations – learning disability provision.
Safeguarding and child protection policies and procedures: Introduction to legislation Risk assessment/ management Serious case reviews Debriefing and supervision Multi-agency partnerships and information sharing. Serious Case reviews • Principles & practice. • Clinical roles • Support & supervision • Individual/ group presentation/ discussion of clinical reflections relating to safeguarding children. • Module evaluation • Individual tutorial time
Service Transformations – Legislation • Government • Professional • Statutory services • Non-statutory provision • Impact on services • Managing risk • Clinical supervision & support Policy documents

7	Module Learning Outcomes On successful completion of the module, students will be able to:	
	1	Discuss the importance of perinatal mental health and the impact this has on the emotional health of the child.
	2	Examine attachment theory and discuss the influence this has on child development.
	3	Apply theory to explain multi-systemic approaches to assessment and intervention in the identification of emotional needs and mental health problems which may be encountered in childhood.
	4	Critically analyse safeguarding policies in relation to the role of the multidisciplinary team in the identification and protection of vulnerable children.

8	Module Assessment		
Learning Outcome			
	Coursework	Exam	In-Person
1 – 4	x		

9	Breakdown Learning and Teaching Activities
Learning Activities	Hours
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	35
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	125
Private Study (PS) includes preparation for exams	40
Total Study Hours:	200