

Module Specification

Module Summary Information

1	Module Title	Introduction to Palliative and End of Life Care – Level 6
2	Module Credits	20
3	Module Level	6
4	Module Code	LBR6577

5	Module Overview
<p>The Neuberger (2013) and Francis (2013) reviews highlighted instances of poor care, inadequate nutrition, poor communication with relatives and inadequate staff training in caring for patients at the end of life. A Five Priorities of Care' framework has been recommended by experts in the field of palliative and end of life care (Leadership Alliance for the Care of Dying People (LACDP), 2014a). Initiated from the 'One Chance to Get it Right' report (LACDP, 2014b), the five priorities have set new standards for PEOLC in light of the recognition that non-specialist staff find it increasingly difficult to recognise end of life is approaching. NICE (2015) also launched new guidance on the care of adults in the last few days of life which clarify issues of concern such as hydration and recognition that end of life is approaching. These strategic initiatives have shaped the teaching content included in the delivery of this module. The module will appeal to those of you from all areas of healthcare practice who care for those with palliative illness to enable you to gain underpinning theory to inform your practice.</p> <p>This module aligns with the Professional Practice Programme philosophy and is designed to be flexible and practice-led. You will have the opportunity to develop skills of enquiry, reflection and problem solving. A blended learning approach is taken (incorporating both classroom and online activities via Moodle) in line with the university's learning and teaching strategy. You will be encouraged to think critically and share practice experiences with your fellow students, as well as engaging in both directed and self-directed learning activities. You will be an active partner in your own learning and development and in return you will receive regular feedback and feed forward aimed at developing your academic skills, and have the opportunity to discuss your progress with the module team.</p>	

6		Indicative Content
Pre-session Activities/Learning	Session Topic/s (incl. delivery style and indicative formative learning activities)	Post-session Activity
WEEK ONE	MODULE LAUNCH	
Students to attend the Professional Practice Induction Day	Module study guide reading/reading list <u>Assessment strategy</u> Formative assessment Level 6 assignment brief launch CICT	Information searching activities on Moodle Information searching activities on Moodle Meet other students studying level 6 module – Online chat forum
Directed Reading: Buckley (2008) <i>Palliative Care An Integrated Approach</i> Chapter 1: <u>Historical and Cultural Perspective on the Evolution of Palliative Care</u>	Palliative Care: concept, context and philosophy	Directed reading: De Souza and Pettifer (2013) <i>End of life Nursing Care</i> Chapter 1: End of life care – a historical perspective
Directed Reading: Neuberger Review (2013) Executive Summary	Palliative Care Policy: the past, present and future?	Review the five priorities for the care of dying people (LACDP) What are the patient's priorities? Self - directed exercise.
WEEK TWO		Directed reading
Directed Reading: Ellershaw and Ward (2003) and the concept of a good death	Concept of good death: critiquing the evidence	Moodle activity related to your views on a good death
Lecture notes available on Moodle Directed Exercise: Audit of analgesics in use:	Pain and its management The concept of total pain	Directed reading: Analgesic ladder: What are the benefits to use of the analgesic ladder in palliative care? Post your thoughts onto Moodle forum

Lecture notes available on Moodle Think about holistic symptoms other than pain. Make a list to bring with you to class	Holistic management of patients with complex needs – Nausea and vomiting, and agitation	Directed reading: Managing nausea and vomiting
WEEK THREE Lecture notes available on Moodle	Holistic management of patients with complex needs – Breathlessness	Directed reading: Breathlessness
Lecture notes available on Moodle	Holistic management of patients with complex needs – Psychosocial needs	Directed reading: Anxiety and depression
Lecture notes available on Moodle: RCN pocket guide to spiritual support	Holistic management of patients with complex needs – Spiritual needs	Directed activity: Visit Dying Matters website
WEEK FOUR Lecture notes available on Moodle	Grief theories – Anticipatory grief	Have you decided upon your patient case study?
Lecture notes available on Moodle Visit GSF website	Planning ahead – Advance care planning, patient and family priorities on place of death	Have you decided upon your patient case study?
Lecture notes available on Moodle	End of life care – Issues related to difficulty diagnosing approaching death	Directed reading NICE (2015) guidance
WEEK FIVE Agitation at the end of life	End of life care – Management of holistic needs in the last few days of life	<u>Formative assessment submission</u>
Review Moodle	Grief theories – Understanding loss and key bereavement theories	Directed reading Freud, Bowlby, Kubler Ross, Bonanno, Rando, Parkes, Worden
Lecture notes	Grief theories – Application of key bereavement theories to the experience of loss	Review feedback from formative assessment Lindemann, Klass, Kubler Ross, Bonanno

WEEK SIX		
Directed Reading: Ethical Issues and research in Palliative Care	Ethical dilemmas common to practitioners working in palliative care Research in palliative care Individual tutorials	Planning and writing assignment. Revisit Moodle site for peer support
	Module evaluation	

7	Module Learning Outcomes	
	On successful completion of the module, students will be able to:	
	1	Critically explore the concept of palliative and end of life care and its application to practice.
	2	Utilise theory and research to critically analyse the holistic management of patients with complex palliative and end of life needs.
	3	Critically discuss the issues associated with recognition of approaching end of life.

8	Module Assessment		
Learning Outcome			
	Coursework	Exam	In-Person
1, 2, 3	X		

9	Breakdown Learning and Teaching Activities	
Learning Activities	Hours	
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	30	
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	120	
Private Study (PS) includes preparation for exams	50	
Total Study Hours:	200	