

Module Specification

Module Summary Information

1	Module Title	Midwifery Practice: Postnatal Care Mother
2	Module Credits	15
3	Module Level	4
4	Module Code	MID4011

5	Module Overview
<p>Relationship with Programme Philosophy and Aims</p> <p>The philosophy of the midwifery programme is to develop students with the ability to practice safely, effectively and proficiently resulting in them being fit to practice at the point of registration. This module equips students with knowledge of anatomy, physiology and pharmacology relevant to postnatal care of the mother, linking key clinical skills required for the safe midwifery practice.</p> <p>This links to the Aim of the programme by facilitating theory and clinical skills relevant to postnatal care of the mother for the first year of the programme.</p>	

6	Indicative Content
<p>Communication skills (with women and their families and other professionals)</p> <p>The provision of normal postnatal care for a woman</p> <p>Relevant postnatal skills: Assessing the well-being of mother and identification of abnormalities for example involution of the uterus, wound healing, hygiene, emotional well-being, pelvic floor, recognition of the ill woman.</p> <p>Benefits of breastfeeding/Initiating and maintaining breastfeeding/positioning and attachment hand expressing breast milk/ Nutrition related to breastfeeding/ Understand why it is important for mothers to keep babies near them.</p> <p>Risks of formula feeding/Safe formula preparation/Responsive Formula feeding</p> <p>Close and loving Mother/ baby relationships</p> <p>Health Promotion - Making Every Contact Count/ Contraception advice</p> <p>Multi-disciplinary working</p> <p>Principles of normal postnatal care provision to the woman as per national guidelines</p> <p>Role of the midwife during the postnatal period</p> <p>Relevant medication management for the postnatal period</p>	

7	Module Learning Outcomes	
	On successful completion of the module, students will be able to:	
	1	Discuss relevant anatomy and physiology, using appropriate evidence-base knowledge to underpin midwifery practice in the postnatal period.
	2	Demonstrate knowledge of evidence-based infant feeding – based on Baby Friendly Initiative Standards as applied to postnatal care.
	3	Demonstrate safe medicine management of drugs used in the postnatal period.
	4	Describe knowledge of the role of the midwife in caring for a mother in the postnatal period.

8	Module Assessment		
Learning Outcome			
	Coursework	Exam	In-Person
1-4			x

9	Breakdown Learning and Teaching Activities	
Learning Activities	Hours	
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	30	
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	0	
Private Study (PS) includes preparation for exams	120	
Total Study Hours:	150	