

Module Specification

Module Summary Information

1	Module Title	Mental Health Nursing Practice 1
2	Module Credits	30
3	Module Level	4
4	Module Code	NUR4026

5	Module Overview
<p>Relationship with Programme Philosophy and Aims</p> <p>The philosophy underpinning this module reflects the Nursing and Midwifery Council Standards (2010) and the Programme Philosophy.</p> <p>This module acknowledges the dual nature of nursing, that of being a profession whilst being a caring vocation. Alongside the programme philosophy, the module aims to reflect both these facets of nursing so that compassionate and evidence based care is taught. It will demonstrate personalised care can be provided through the acknowledgement that all patients are individuals with idiosyncratic needs, who must be cared for in their social context.</p> <p>The philosophy of this module is to equip students with the foundation skills needed to practice/study in the field of mental health care provision. This involves developing skills such as critical analysis, linking theory to practice, communication and teamwork so that high quality and consistent care is delivered. Foundation knowledge of anatomy, physiology, illness aetiology and causation, treatments and care will be taught through the use of evidence based practice and the growing field of practice based evidence.</p> <p>The associated placements will further develop the skills of students as they put into practice their knowledge gained from this module, learning from a variety of healthcare professions. Within these placements, students will be expected to follow the programme aims with specific reference to:-</p> <ul style="list-style-type: none"> • Develop their knowledge, skills and professional values to deliver high quality essential care to all, and deliver complex care to service users in their field of practice. • Act with professionalism and integrity, and work within agreed professional, ethical and legal frameworks and processes to maintain and improve standards • Practise in a compassionate, respectful way; maintaining dignity and wellbeing and communicating effectively • Act on their understanding of how peoples lifestyles, environments and the location of care delivery influences their health and wellbeing 	

- Work in partnership with other health and social care professional and agencies, service users, carers and families ensuring that decisions about care are shared.

6	Indicative Content
Students will study the areas of:-	
<ul style="list-style-type: none"> • Anatomy and physiology (with specific reference to the action of medication) • The aetiology, causation and maintenance of mental illness • Communication including barriers to and models of engagement • Risk Assessment • Exploration of personal mental health and wellbeing • Professional boundaries • Supervision • Values of Mental Health nurses • Diversity issues and Spirituality • Introduction to Mental Health Act and Mental Capacity Act • The range of Mental Illnesses • Basic psychological interventions • Models of human development and motivation –theories (including the models of Rogers, Freud, Transactional Analysis, Ellis, Beck and attachment theories –psychodynamic, cognitive, ego defence • Introduction to working in partnership– nurse, patient, family • Intro recovery model with social work input • Basic personal safety • Simulation activities e.g. coping with distress, anger, threats • Theory practice – disease model, bio psychosocial 	

7		Module Learning Outcomes
		On successful completion of the module, students will be able to:
1		Explain the social factors that play in the causation / maintenance of mental illness and how social exclusion result.
2		Discuss how a nurse is governed by relevant laws, protocols and codes which all direct the actions of a health care professional that allow them to work within a multi-disciplinary team.
3		Identify the range of mental illnesses that a person may experience and how relevant medication exerts an effect on the body that may have beneficial outcomes for the person.
4		Apply theories of learning and models of human behaviour to clinical practice with specific reference to individual cases.
5		Demonstrate in practice the attitudes, knowledge and skills developed within the module to the required level of performance.

8		Module Assessment		
Learning Outcome				
		Coursework	Exam	In-Person
1 – 4			X	
5				X

9 Breakdown Learning and Teaching Activities	
Learning Activities	Hours
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	59
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	50
Private Study (PS) includes preparation for exams	191
Total Study Hours:	300