

## Module Specification

### Module Summary Information

<b>1</b>	<b>Module Title</b>	Mental Health Nursing Practice 2
<b>2</b>	<b>Module Credits</b>	30
<b>3</b>	<b>Module Level</b>	5
<b>4</b>	<b>Module Code</b>	NUR5070

<b>5</b>	<b>Module Overview</b>
<b>Relationship with Programme Philosophy and Aims</b>	
<p>This module develops students' understanding and abilities so as to prepare them for working with older people and vulnerable people with complex needs. The module also enhances students' knowledge and capabilities in recognising and managing the interaction between physical and mental health problems when planning holistic nursing care.</p> <p>Demographic factors mean that the population of the UK is ageing. People with histories of mental health problems tend to 'age younger', often experiencing untreated physical health problems and multiple social disadvantages. Older people are more vulnerable to mental health problems such as depression and dementia. These factors mean that there will be increasing future requirements for well-prepared, committed nurses specialising in holistic care of these service-user groups.</p>	

<b>6</b>	<b>Indicative Content</b>
<p>This module is designed to facilitate a positive approach to the care of vulnerable people of all ages through empathetic analysis of their experiences and promotion of an inclusive and positive stance on the development of care provision. Students will have the opportunity to develop relevant knowledge and skills, to critique historical practices and learn how to prioritise and apply ethical values to evidence-based practice, guided by recent policy.</p> <p>Ageism, the ageing process, the social context of ageing, global perspectives.</p> <p>Genetics Anatomy &amp; Physiology, metabolising medication, poly-pharmacy.</p> <p>Effects of long term admin of anti- psychotics on older people with SMI        Life-style factors – diet, exercise, smoking, alcohol use        Heart disease/circulation, lung disease, mobility, sensory problems.        Nutrition, continence.        Spirituality.        End of life care, Bereavement.</p> <p>Depression, SMI, dementia, paraphrenia, substance abuse, older people with forensic history, working age dementia, Learning Disability &amp; Dementia.        Assessment, diagnosis, management.        Person-centred care, Therapeutic interventions and environments, assistive technology        Carer support.        Ethics, National Dementia Strategy (2009), Mental Capacity Act (2005).</p> <p>Elder Abuse Safeguarding Do-Not-Resuscitate.</p> <p>Community organizations &amp; the voluntary sector.</p>	

<b>7</b>		<b>Module Learning Outcomes</b>
<b>On successful completion of the module, students will be able to:</b>		
	<b>1</b>	Analyse the factors that can contribute to the protection or deterioration of well-being in older people.
	<b>2</b>	Identify risk factors for physical health problems in people with Mental Health problems and take action to prevent, assess for and manage immediate and long-term conditions.
	<b>3</b>	Explain how mental health problems have an impact on people (and their families) over time and evaluate the assessment techniques, interventions and support designed to address them.
	<b>4</b>	Apply ethical principles, policy guidance and innovative solutions to ensure the well-being and safeguarding of people who may be vulnerable.
	<b>5</b>	Demonstrate in practice the attitudes knowledge and skills developed within the module to the required level of performance.

<b>8</b>		<b>Module Assessment</b>		
<b>Learning Outcome</b>				
		<b>Coursework</b>	<b>Exam</b>	<b>In-Person</b>
<b>1-5</b>		<b>X</b>		

<b>9</b>		<b>Breakdown Learning and Teaching Activities</b>	
<b>Learning Activities</b>		<b>Hours</b>	
<b>Scheduled Learning (SL)</b> includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable		60	
<b>Directed Learning (DL)</b> includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE		200	
<b>Private Study (PS)</b> includes preparation for exams		40	
<b>Total Study Hours:</b>		300	