

Module Specification

Module Summary Information

1	Module Title	Mental Health Nursing Practice 3
2	Module Credits	30
3	Module Level	5
4	Module Code	NUR5071

5	Module Overview
<p>Relationship with Programme Philosophy and Aims</p> <p>This module contributes to the students' journey through promoting increasing levels of self-awareness through experiential ways of working and the exploration of models of understanding human experience motivations and behaviours. This module also enhances the students' knowledge and skills in ways of engaging with people with mental health problems therapeutically and working safely and effectively within the mental health practice context.</p>	

6	Indicative Content
<p>This module extends students' knowledge and skills of working with people who present with serious and enduring mental health problems.</p> <p>It addresses issues around the engagement process in the therapeutic relationship and enhances the students' skills to promote mental health and offer person centred psychosocial interventions with people with serious and enduring mental illness.</p> <p>The biological, psychological and social models of mental distress and illness including the Medical, Social, Psycho-dynamic, Humanistic (Person Centred) and Cognitive-Behavioural Models.</p> <p>Working with people with serious and enduring mental illness including working therapeutically, working in groups, working with people who hear voices, psychosocial interventions (including for example low intensity psychological interventions, psycho-educational groups, medication management).</p> <p>Mental Health Treatment and Care approaches including: Stepped Approach to Care; Home Treatment, Assertive Outreach, Care in the Community, the Care Programme Approach, Diagnosis, In-patient acute mental health nursing care, Psychopharmacology, Electro-convulsive therapy, Rapid Tranquillisation, exploration of issues surrounding prison services (including 'in reach' teams), staff and offenders, clinical decision making and management and nursing communication including handover, record keeping and care planning.</p> <p>Risk assessment and risk management and suicide prevention, signposting and discharge planning.</p> <p>Mental Health Law and Ethics (including the Mental Health Act, Mental Capacity Act and the European Council on Human Rights legislation in relation to Deprivation of Liberty Safeguards).</p> <p>Principles of Rehabilitation and Recovery including Mental Health promotion and maintenance and relapse/illness prevention.</p> <p>Introduction to people with complex mental health needs including (co-morbidity) Dual Diagnosis both Learning Disability and Substance Misuse; Personality Disorder.</p>	

7		Module Learning Outcomes	
On successful completion of the module, students will be able to:			
	1	Critically analyse bio (including psychopharmacology)-psycho-social frameworks of mental health care in relation to providing appropriate therapeutic interventions with clients.	
	2	Show originality of knowledge, together with a practical understanding of how established techniques of research and enquiry are used to create, interpret and apply knowledge of mental health nursing care.	
	3	Demonstrate critical awareness and the ability to communicate appropriately to others service users' current problems and/or new insights of what constitutes mental health problems and implications for service users.	
	4	Create and explain critically a service user needs focused care plan.	
	5	Demonstrate in practice the attitudes knowledge and skills developed within the module to the required level of performance.	

8		Module Assessment		
Learning Outcome				
		Coursework	Exam	In-Person
1, 2, 3, 4				X (OSCE)
NMC Requirement			X (NUMERACY EXAM)	

9		Breakdown Learning and Teaching Activities	
Learning Activities		Hours	
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable		60	
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE		40	
Private Study (PS) includes preparation for exams		200	
Total Study Hours:		300	