Module Specification

Module Summary Information

1	**Module Title**	Theories and Methods for Social Work Practice
2	**Module Credits**	40
3	**Module Level**	5
4	**Module Code**	SOW5xxx

5	**Module Overview**

In line with the philosophy and aims of the Social Work programme, this module will prepare you for the complex and constantly evolving nature of modern social work practice, enabling you to develop your knowledge and understanding of theory and methods of intervention.

You are required to not only learn about the theories but to develop skills for using these in practice whilst demonstrating the ability to work in an anti-oppressive/anti-discriminatory manner. The BSc (Hons) Social Work programme is clear in its aim to develop social work professionals whose work is informed by theory and evidence, with the goal of transforming lives. This module will provide some of the key knowledge required to facilitate this and contributes towards the programme philosophy by aiming to,

- Develop and consolidate your ability to critically appraise and apply a range of social work theories and methods.
- Develop your ability to combine the elements of knowledge, values and skills in order to achieve successful interventions when working with citizens in practice.
- Enable you to work in partnership to make sense of difficulties, identify possible solutions and desired outcomes, underpinned by an evidence-informed approach.
- Enable you to develop a systemic approach and an understanding the social context of practice and working with the 'bigger picture', supporting you to continue professional development as lifelong learners.

The module is delivered using a range of learning and teaching methods. This includes lectures, formative group presentation, interactive discussion and debate, small group exercises, DVD and tutorials, guided reading, group work and online learning. Integral to the learning experience will be involvement of service users, carers and social care and health practitioners providing a valued inter-professional perspective.

6	**Indicative Content**

This module will focus on a range of theories and methods of intervention which inform direct social work practice with individual and families. The indicative topics covered in the module are as follows-

An Introduction to Theories and Methods of Intervention
Humanist approaches including person-centred theory and relationship based practice
Cognitive Behavioural Theories- An Introduction
Crisis Theory and Intervention
Working with Trauma and Conflict
Radical Social Work Theory

Strengths Based Perspectives and Solution Focused Approaches Substance Misuse- Motivational Interviewing and working with resistance Communication with People with a Learning Disability Narrative Approaches Systemic Approaches Community work with people seeking asylum Mental Health and Recovery- a Critical Approach, working with self-harm Task-Centred Social Work Group Work theory and practice Working with Traumatic Experience- Loss and Bereavement Developing Emotional Resilience

7	**Module Learning Outcomes** **On successful completion of the module, students will be able to:**	
	1	Critically appraise a range of bio-/psycho-/social- theories and methods which could be used in social work practice.
	2	Demonstrate an evidence-informed approach to applying theories and methods, providing a cohesive rationale for selected theories and methods of intervention.
	3	Consider the anti-discriminatory credentials of proposed theoretical frameworks and methods when working with service users, carers and other professionals.
	4	Reflect on your key areas for continuing professional development when applying theories and methods in social work practice.

8	**Module Assessment**		
Learning Outcome			
	Coursework	**Exam**	**In-Person**
1 – 4	**x**		

9	**Breakdown Learning and Teaching Activities**
Learning Activities	**Hours**
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	76
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	38
Private Study (PS) includes preparation for exams	286
Total Study Hours:	400