

Module Specification

Module Summary Information

1	Module Title	Specialist Professional Skills and Evidence Based Practice
2	Module Credits	40
3	Module Level	6
4	Module Code	SPR6038

5 Module Overview

Rationale for module

It is intended that by studying this module you will develop the ability to make decisions about your professional practice based upon the best evidence available. Personal professional development will be explored so that you can research and critically analyse innovative approaches to enhance your practice when working with people with visual impairment and additional needs.

This module will involve investigation and reflection of a broad range of therapeutic approaches, for example, counselling techniques, cognitive behavioural therapy and solution focused therapy to the application of emotional intelligence theory. There will also be opportunities to concentrate on enhancing your skills of leadership and teamwork and apply these to working in a multi-disciplinary setting.

The aim is for you to draw on the evidence base to inform your future practice and that of your colleagues.

This involves being able to:

- Formulate a logical and structured approach to searching for the evidence that you need.
- Critically analyse the evidence base underlying rehabilitation practice.
- Differentiate between varieties of research tools, including research statistics.
- Compare and reflect upon your own professional practice in relation to the evidence base and the developing profession.
- Formulate an on-going action plan for professional development, using the evidence base to justify areas for change.

You will also study the areas of:

- Developing skills for person centred counselling including an introduction to cognitive behaviour therapy and brief solution focussed therapy.
- Psychological theories of motivation.
- Emotional intelligence and enhancing practice.
- Health and social care leadership in your area of practice.
- Coaching techniques. .
- Critical reflection on current visual impairment rehabilitation practice.

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Application of specialist techniques to rehabilitation practice in multi-disciplinary settings.

These skills are necessary to support lifelong learning and will help you to become a competent and autonomous rehabilitation specialist practitioner.

Alignment with Programme Philosophy and Aims

This module will develop your collaborative skills. You will join the BSc (Hons) Habilitation Work – Working with Children and Young People degree programme students for taught evidence based practice sessions on campus. You will also interact with them through the online discussion forums. This module will enable you to become a self-directed learner who can take ownership of personal and professional development. The Specialist Professional Skills & Evidence Based Practice module will provide you with some of the skills necessary to achieve this as you will be required to manage your own online learning tasks and apply what you learn to your own professional development.

How this module will be taught

This module will comprise of a number of approaches to learning. Keynote lectures will introduce literature searching, research methods and critical analysis of evidence. However there will also be emphasis on your use of online resources provided via Moodle. These include 'topic' books which you will work through at set points during the modules duration. This will enable you to progress through the module in stages allowing time for peer and tutor feedback. Individual tutorials will be provided to discuss search topics and / or statistics in more detail. Tutorials on literature searching will also be available via the library.

Specialist professional skills sessions will involve the use of peer learning groups. You will receive face to face teaching and have opportunities to research practice issues. Case studies, videos and debates will be a regular aspect of classroom based learning.

There will be pre- and post- session activities to help deepen your knowledge around the topics covered in class. These activities might include reading academic resources, searching for information on the internet, engaging with module online forums and analysing case studies. Taken together, the information and skills you develop in this module will help you understand various essential professional practice issues and how to critically analyse and reflect so that you can address them.

6 Indicative Content

- Introduction to Module
- Developing skills for person centred counselling including an introduction to cognitive behaviour therapy and brief solution focussed therapy.
- Introduction to Evidence Based Practice
- Searching the literature
- · Research and statistics
- Documenting search activity
- Critique and analysis
- Psychological theories of motivation.
- Emotional intelligence and enhancing practice.



Health and social care leadership in your area of practice.
 Coaching techniques
 Critical reflection on current visual impairment rehabilitation practice
 Application of specialist techniques to rehabilitation practice in multi-disciplinary settings

7	Module Learning Outcomes On successful completion of the module, students will be able to:		
	1	Critically analyse a range of appropriate research literature that relates to rehabilitation practice	
	2	Formulate evidence of the interpretation and application of specialist theoretical concepts to professional rehabilitation work practice.	
	3	Critically reflect upon personal capabilities and create models of best practice to enhance individual service delivery within a multi-disciplinary setting.	

8	Module Asse	le Assessment				
Learning Outcome						
Outco	ome					
		Coursework	Exam	In-Person		
1		Х				
2,3				X		

9 Breakdown Learning and Teaching Activities				
Learning Activities	Hours			
Scheduled Learning (SL) includes lectures, practical classes and workshops, peer group learning, Graduate+, as specified in timetable	32			
Directed Learning (DL) includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning, as directed on VLE	184			
Private Study (PS) includes preparation for exams	184			
Total Study Hours:	400			